

# Allo SCT - First 6 Months

Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
<p><u>Effects</u></p> <ul style="list-style-type: none"> <li>• Very tired</li> <li>• Diarrhea</li> <li>• Mucositis Pain</li> <li>• Metallic taste</li> <li>• 'Crumminess'</li> <li>• Kidney stress</li> </ul> <p><u>Treatment</u></p> <ul style="list-style-type: none"> <li>• Rest</li> <li>• Imodium</li> <li>• Soft bland food, ice</li> <li>• Hydration</li> </ul>	<p><u>Effects</u></p> <ul style="list-style-type: none"> <li>• Tired</li> <li>• Mucositis mild</li> <li>• Taste normal</li> <li>• 'Crumminess'</li> <li>• Kidney stress</li> <li>• Mild GvHD rash</li> <li>• Muscle pain</li> </ul> <p><u>Treatment</u></p> <ul style="list-style-type: none"> <li>• Rest</li> <li>• Bland food,</li> <li>• Focus on calories</li> <li>• Walking</li> <li>• More fluids</li> <li>• Cream for rash</li> </ul>	<p><u>Effects</u></p> <ul style="list-style-type: none"> <li>• Tired</li> <li>• Nausea (mild stomach GvHD)</li> <li>• 'Crumminess'</li> <li>• Kidney stress</li> <li>• Less rash</li> <li>• Muscle pain</li> </ul> <p><u>Treatment</u></p> <ul style="list-style-type: none"> <li>• Rest</li> <li>• Salty broth</li> <li>• Energy drink</li> <li>• Walking</li> <li>• Entocort: mild steroid</li> </ul>	<p><u>Effects</u></p> <ul style="list-style-type: none"> <li>• Energy ok</li> <li>• Stomach burbling</li> <li>• Muscle pain</li> <li>• Foot numbness</li> <li>• Kidneys ok</li> </ul> <p><u>Treatment</u></p> <ul style="list-style-type: none"> <li>• Normal food</li> <li>• More walking</li> <li>• Tacro phase-out</li> <li>• End Voriconazole</li> <li>• End Entocort</li> </ul>	<p><u>Effects</u></p> <ul style="list-style-type: none"> <li>• Energy ok</li> <li>• Stomach burbling</li> <li>• Less muscle pain</li> <li>• Foot numbness ongoing</li> </ul> <p><u>Treatment</u></p> <ul style="list-style-type: none"> <li>• Nothing special</li> </ul>	<p><u>Effects</u></p> <ul style="list-style-type: none"> <li>• 'Bump': vomiting, diarrhea</li> <li>• Heartburn</li> <li>• Weight loss</li> </ul> <p><u>Treatment</u></p> <ul style="list-style-type: none"> <li>• Easy on food</li> <li>• Hydration</li> <li>• Prednisone: strong steroid</li> <li>• Bounced back</li> </ul>

